

Antimicrobial Effect of Silver Nanoparticles Synthesised with *Ocimum Sanctum* Leaf Extract on Periodontal Pathogens

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Citation: Sirisha P, Gayathri GV, Dhoom SM, Amulya KS (2017) Antimicrobial Effect of Silver Nanoparticles Synthesised with *Ocimum Sanctum* Leaf Extract on Periodontal Pathogens. J Oral Health Dent Sci 1: 106

Article history: Received: 24 September 2017, Accepted: 05 November 2017, Published: 07 November 2017

Abstract

Nano silver particles have been widely used in biomedical applications for diagnosis and treatment. Green synthesis of nanoparticles by using *Ocimum sanctum* results in rapid, economical and ecofriendly product for drug delivery. The minimum inhibitory concentration and minimum bactericidal concentration tests detected the antimicrobial action of pure *Ocimum sanctum* extract (OSE), silver nitrate (SN), and silver nanoparticles synthesized with OSE (AgNP) against four periodontal pathogens i.e., *Fusobacterium nucleatum* (Fn), *Porphyromonas gingivalis* (Pg), *Aggregatibacter actinomycetemcomitans* (Aa) and *Prevotella intermedia* (Pi). The results suggest that, all the test solutions reveal their sensitivity to test microorganism in a dose dependent manner. Hence, increase in the concentration may improve their antimicrobial action. On comparison AgNP found to have an enhanced antimicrobial activity and Aa found to be more susceptible for the same.

Keywords: Silver nanoparticles; *Ocimum sanctum*; Periodontal pathogens; MIC - MBC

Introduction

Chronic periodontitis (CP) is considered as one of the most common oral infection caused by invasion of microbes and the subsequent host microbe interactions which, if unimpeded can ultimately result in tooth mobility and culminate in the grim fate of tooth loss [1]. There is evidence convicting *Aggregatibacter actinomycetemcomitans* (Aa), *porphyromonas gingivalis* (Pg), *prevotella intermedia* (Pi) and *fusobacterium nucleatum* (Fn), *capnocytophaga* and *wolionella* species as causative agents for periodontal diseases [2].

Previously mechanical therapy alone was acknowledged as the sole effective treatment for the disease but due to inaccessibility of instruments into deep periodontal pockets and tissue invasive nature of pathogens proved it as less efficacious mode of treatment [3,4]. To overcome this, systemic antimicrobial therapy was used as an adjunct with mechanical therapy, which proved to be a successful treatment regimen for periodontitis [5,6]. However, many unintended effects of antibiotics which range from hypersensitivity reactions, antibiotic resistance and suppression of normal flora were observed [7-9]. This increased the interest of clinicians in the direction of substituting herbs as an adjunct to mechanical therapy. The natural phytochemicals present in herbs offer an effective alternative to antibiotics and represent a promising approach in the prevention and therapeutic strategies of oral infections.

Various herbs like *Acacia catechu* (Cutch tree), *Aloe indica* Royle (Indian Aloe), *Azadiracta indica* (Neem), *Curcuma longa* (Turmeric) and *Punica granatum* (Pomegranate) have been tested successfully for their antibacterial activity against periodontal pathogens [10,11]. Among them *Ocimum sanctum* (holy basil or Tulsi) which is known as the "Queen of herbs" found to be safe, inexpensive, tremendously effective and culturally acceptable. It has long been employed in hundreds of different formulations for the treatment of wide range of disorders, including those affecting the mouth, throat, lungs, heart, blood, liver, kidney, and the digestive, metabolic, reproductive and nervous systems [12]. Studies reveal that *Ocimum* has a unique combination of actions that

include: Antimicrobial, anti-oxidant, anti-inflammatory, chemopreventive, radioprotective, analgesic, anti-pyretic, anti-allergic, immunomodulatory, adaptogenic, anti-stress, anti-leukodermal and anti-coagulant activities [13].

The antimicrobial efficacy of *Ocimum* has been tested against number of pathogenic microorganisms namely *Streptococcus mutans*, *Staphylococcus aureus*, *Candida albicans*, enteric pathogens, *Klebsiella*, *Escherichia coli*, *Proteus*, multi resistant strains of *Neisseria gonorrhoea* and beta lactamase producing methicillin – resistant strains of *Staphylococcus aureus*. The antimicrobial effect of *Ocimum sanctum* was mainly attributed to the presence of eugenol (1-hydroxy-2-methoxy-4-allylbenzene), ursolic acid and carvacrol [11,14,15].

Silver is known for possessing an inhibitory effect toward many bacterial strains & microorganisms [16]. In medicines, silver has a wide application in skin ointments to prevent infection in burns and open wounds. Even medical devices & implants were prepared with silver impregnated polymers [17].

Recently metal nanoparticles (NP) are gaining the interest of researchers due to their distinctive potential which have applications in the field of electronic, magnetic, opto-electronic, information storage and drug delivery [18-22]. Nanotechnology in dentistry involves applications of NPs in local anesthesia, nanocomposites, oral cancer treatment, bone grafts, surface treatment for implants [23]. NPs have been synthesised with the help of metal ions like silver, gold, palladium, zinc and nickel; using physical, chemical, biological (green) methods. Among them, silver nanoparticles (AgNPs) are efficient non-specific antimicrobial agents against planktonic forms of a broad spectrum of bacterial, fungal and viral species [24]. Their antimicrobial activities were attributed to the unique physicochemical characteristics, such as the high ratio of surface area to mass, high reactivity, and nanometer sizes [25].

The physical and chemical techniques in the synthesis of NPs involve several hazardous chemicals like sodium dodecyl benzyl sulfate or polyvinyl pyrrolidone or high energy requirements, which are toxic and wasteful [26]. A greener approach, in which the synthesis of NPs clubbed with herbal products has resulted in simple, one-step, cost-effective and environmental friendly products [27].

Minimum inhibitory concentrations (MIC) test confirms the susceptibility / resistance of microorganisms to an antimicrobial agent and Minimum bactericidal concentration (MBC) test determines of the minimum concentration of an antimicrobial agent necessary to achieve bactericidal effect. Both these tests can be good but relatively expensive tools to rank new antimicrobial agents by potency for screening purposes.

A large no. of plants have been used for synthesis of AgNPs. To our knowledge, no study has been conducted to know the antibacterial activity of AgNPs synthesised using *Ocimum* leaf extract on the most common periodontal pathogens. Hence the aim of the present study was to find out the MIC and MBC of AgNPs synthesised using *Ocimum* leaf extract on specific periodontal pathogens like *Fn*, *Pg*, *Aa* and *Pi* and to compare it with MIC and MBC of pure *ocimum* leaf extract and silver nitrate solution.

Main body

Preparation of pure *Ocimum sanctum* leaf extract solution

Fresh leaves of *Ocimum sanctum* were collected from surroundings of Tirupathi, Andhra Pradesh, India. 20 g of thoroughly washed finely chopped leaves of *Ocimum sanctum* were mixed in 100 ml of distilled water and boiled for 5 min. The resultant extract was allowed to cool at room temperature and filtered with Whitman no.1 filter paper. The extract was preserved at 4 °C in refrigerator.

Preparation of pure Silver nitrate solution

The AR (Analytical Reagent) grade silver nitrate powder (AgNO_3) was purchased from Sigma-Aldrich chemicals, Mumbai, India. 0.1 mM solution was prepared by adding 16.98 milli grams of silver nitrate powder to one litre of distilled water. (One Mole of Silver Nitrate weighs 169.8 grams).The silver nitrate powder was added to the distilled water, and flask was swirled till it dissolves completely and the solution was stored at room temperature.

Preparation of silver nanoparticles using *Ocimum sanctum* leaf extract

0.5ml of *Ocimum sanctum* extract was added to 10 ml of 1 mM AgNO_3 aqueous solution for bio-reduction process. The *Ocimum sanctum* fresh leaf extract was used for the reduction of silver cations to silver atoms. The change in the colour from transparent to dark yellow indicates the synthesis of nanoparticles.

Bacterial strains

Bacterial strains used in this study were American type culture collection, Manassas, VA, USA. The tested bacterial strains in this study were *Fusobacterium nucleatum* ATCC 25586, *Porphyromonas gingivalis* ATCC 33277, *Aggregatibacter actinomycetocomitans* ATCC 29523 and *Prevotella intermedia* ATCC 25611.

Preparation of bacterial suspension

The required organisms (*Fn*, *Pg*, *Aa* and *Pi*) were sub-cultured from the stock cultures and then 10 μl of each was added into 2ml

of Thioglycollate broth. For standardization, the selected test bacterial strains were adjusted for 0.5 McFarland turbidity standards (10^8 colony forming units/ml).

Antibacterial activity

Antibacterial activity was determined by conducting Minimum inhibitory concentration (MIC) and Minimum bactericidal concentration (MBC) test for all the three test solutions; i.e. pure *ocimum* extract (OSE), pure silver nitrate (SN) and silver nanoparticles synthesised with *Ocimum* extract (AgNP).

Statistical analysis

For MIC: the sensitivity(S) or resistance (R) of each test microorganism (*Fn*, *Pg*, *Aa* and *Pi*) against the three test solutions (OSE, SN, AgNP) with a concentration ranging between 0.2 to 100 µg/ml was tabulated (Table 1). The lowest concentration of a test solution without turbidity was considered as MIC of that solution against microorganism.

Serial dilutions (µg/ml)	<i>Fn</i>			<i>Pg</i>			<i>Aa</i>			<i>Pi</i>		
	OSE	SN	AgNP	OSE	SN	AgNP	OSE	SN	AgNP	OSE	SN	AgNP
100	S	S	S	S	S	S	S	S	S	S	S	S
50	R	S	S	R	S	S	S	S	S	R	S	S
25	R	S	S	R	S	S	R	S	S	R	S	S
12.5	R	S	S	R	S	S	R	R	S	R	S	S
6.25	R	S	S	R	S	S	R	R	S	R	S	S
3.125	R	R	S	R	S	S	R	R	S	R	S	S
1.5	R	R	S	R	R	S	R	R	R	R	S	S
0.8	R	R	S	R	R	S	R	R	R	R	S	S
0.4	R	R	S	R	R	R	R	R	R	R	R	S
0.2	R	R	R	R	R	R	R	R	R	R	R	R

OSE: ocimum sanctum extract; SN: silver nitrate; AgNP: silver nanoparticles synthesised with ocimum extract; R: Resistant; S: Sensitive; *Fn*: *Fusobacterium nucleatum*; *Pg*: *Porphyromonas gingivalis*; *Aa*: *Aggregatibacter actinomycetemcomitans*; *Pi*: *Prevotella intermedia*
Table 1: MIC of test solutions

For MBC: the colony forming units of each test microorganisms (*Fn*, *Pg*, *Aa* and *Pi*) against the three test solutions (OSE, SN, AgNP) with a concentration ranging between 0.2 to 100 µg/ml was tabulated (Table 2). No growth of microorganisms was considered as bactericidal and growth was considered as bacteriostatic.

Serial dilutions µg/ml	<i>Fn</i> (CFU/ml)			<i>Pg</i> (CFU/ml)			<i>Aa</i> (CFU/ml)			<i>Pi</i> (CFU/ml)		
	OSE	SN	AgNP	OSE	SN	AgNP	OSE	SN	AgNP	OSE	SN	AgNP
100	32	NG	28	48	8	34	NG	52	NG	NG	54	48
50	49	NG	30	54	20	39	34	60	NG	60	58	59
25	52	NG	39	76	27	43	42	62	NG	78	62	70
12.5	58	NG	54	79	30	49	48	70	NG	84	99	74
6.25	83	54	68	89	32	54	50	78	NG	96	102	98
3.125	103	62	74	90	76	60	68	88	NG	128	124	113
1.5	136	78	83	96	89	69	74	94	13	154	126	126
0.8	142	80	90	103	96	72	98	93	18	186	130	134
0.4	182	93	103	105	104	89	113	102	20	206	132	148
0.2	220	102	136	136	140	102	136	132	25	213	198	152

OSE : ocimum sanctum extract; SN: silver nitrate; AgNP: silver nanoparticles synthesised with ocimum extract; CFU/ml : Colony forming units per milli litre; *Fn*: *Fusobacterium nucleatum*; *Pg*: *Porphyromonas gingivalis*; *Aa*: *Aggregatibacter actinomycetemcomitans*; *Pi*: *Prevotella intermedia*
Table 2: MBC of test solutions

Minimum Inhibitory Concentrations (MIC) [28] (Table 1)

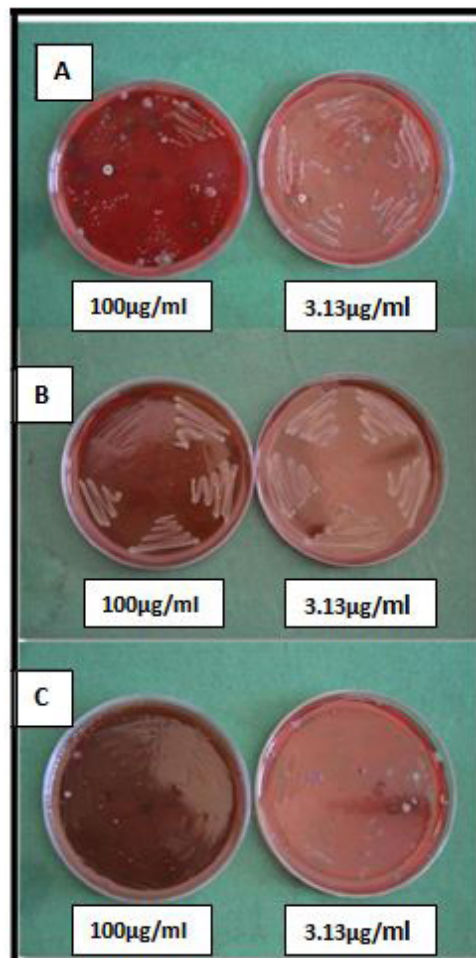
For MIC 9 dilutions of OSE, SN, AgNP were prepared with thioglycollate broth medium. For 900µl of TG broth, 100µl of test solutions were added so that total volume of the first tube becomes 1000µl. The resultant concentration becomes 100 µg of test ingredient (OSE/ SN/ AgNP) in a 1000 µl i.e.100 µg/ml in the first tube. For serial dilutions, 500 µl of TG broth was added into the next 9 test tubes separately. From the first tube 500 µl of solution was added to second tube, whose concentration becomes 50 µg/ml. From second tube, 500 µl of solution was added to third tube to dilute it to become 25 µg/ml. Finally after 9 dilutions, the

concentration in the 10th tube become 0.2 µg/ml. In this way, serial dilution ranging between 100 µg/ml to 0.2 µg/ml was prepared for 3 test ingredients. To each serially diluted tube, 200 µl of previously prepared bacterial suspension was added and sealed air tightly to incubate at 37° for 48 hours in an anaerobic jar to observe turbidity. The tube which did not show any turbidity was considered sensitive (S) and which showed turbidity as resistance (R). The turbidity in each tube was compared with a positive control which contained only the bacterial suspension. This procedure was repeated for each test solution against each test microorganisms.

The MIC in µg/ml of pure *ocimum sanctum* extract (first numbers), pure silver nitrate (second numbers) and silver nanoparticles synthesised with *ocimum* extract (third numbers) against the four bacterial species were as follows; *Fn* (100.0, 6.25, 0.40), *Pg* (100.0, 3.13, 0.80), *Aa* (50.0, 25.0, 3.13) and *Pi* (100.0, 0.80, 0.40).

Minimum Bactericidal Concentration (MBC) [28] (Table 2) (Figure 1)

After the MIC procedure, all the serially diluted tubes of test solutions were inoculated in culture plates containing TG broth medium. To overcome the procedural errors, inoculation was done in 5 segments of culture plate by using loop as series of parallel lines.



A. *Ocimum sanctum* extract (OSE); **B.** silver nitrate (SN); **C.** Silver nanoparticles synthesised with *Ocimum sanctum* (AgNP);
Aa : *Aggregatibacter actinomycetemcomitans*
Figure 1: Shows the Minimum Bactericidal Concentrations of OSE, SN, AgNP against Aa at 100 µg/ml (left column) and 3.13µg/ml (right column).

The inoculated culture plates were incubated at 37° for 48 hours in an anaerobic jar. The bacterial colonies were counted by using digital colony counter (Sunshine Instruments, Electronics India®, India). MBC was performed to know whether the test solution has bactericidal or bacteriostatic effect against the test microorganism. The growth or non-growth of microorganism in minimum of 3 segments was considered to decide the MBC result. If there was no growth, then it was interpreted as bactericidal and if there was growth then as bacteriostatic.

The MBC in µg/ml of pure *ocimum sanctum* extract (first numbers), pure silver nitrate (second numbers) and silver nanoparticles synthesised with *ocimum* extract (third numbers) against the four bacterial species were as follows; *Fn* (bacteriostatic, 12.5, bacteriostatic), *Pg* (bacteriostatic, bacteriostatic, bacteriostatic), *Aa* (100.0, bacteriostatic, 3.13) and *Pi* (100.0, bacteriostatic, bacteriostatic). The control sample did not affect the growth of microorganism.

Efficient drug delivery system provides better bioavailability of therapeutic agents to targeted sites with reduced dosing frequency and side effects to produce adequate local and systemic effects. Hence encapsulation of antimicrobial drugs in nanoparticle system emerges as an innovative & promising alternative that brings an enhanced therapeutic effectiveness & minimize undesirable effects of drugs [29].

Anti-bacterial activity of organic solvents (ethanolic extract) of *Ocimum sanctum* found to be better than the aqueous extract due to enhanced secondary metabolite solubility [30]. However, reducing sugars which convert silver ions to silver nanoparticle are present only in aqueous extracts of *O.sanctum*. This also contains biological molecules like proteins & terpenoids which perform dual functions of formation & stabilization of silver. Hence aqueous extract of *O.sanctum* has been used to synthesise AgNPs [31].

Ocimum sanctum leaves extract showed increasing zones of inhibition with increasing concentration against *Aa*, *Pg* & *Pi*. Wide inhibition zones were observed at 5% and 10% concentrations and minimal zone of inhibition was observed with 0.5%, 1% and 2% [32]. Even in our study reduction in the number of colony forming units of test micro-organisms was observed in a dose dependent manner. *Ocimum sanctum* showed its antimicrobial efficiency as comparable to doxycycline at a concentration of 5% and 10% [32]. In this study the *ocimum* extract showed better antimicrobial action against *Aa*. This is in accordance with the previous study, in which *Ocimum sanctum* was more effective against *Aa* than *Pg* and *Pi* [32].

Silver is an oxygen charged aqueous media which catalyzes the complete destructive oxidation of microorganisms [33]. Thus, silver ions, as an antibacterial component has been used in formulation of nanoparticles.

When bacterial cell was attacked by silver ions of silver nitrate solution, it causes detachment of the cytoplasmic membrane from the cell wall & stimulates proteins which conglomerate and these proteins surround the nuclear region to protect DNA molecule. When this defensive mechanism fails, the cell wall will be penetrated by silver ions and nucleus will be attacked by them leading to death of a cell. Sometimes, interaction of silver ions with thiol group proteins may inactivate the enzyme activity to express their bactericidal activity [34].

AgNPs formed due to sunlight induction produced best results at 7% concentration against all test bacteria [35]. In our study, bactericidal activity of silver nanoparticles exhibited only against *Aa* even at a concentration of 3.125 µg/ml.

Addition of *Ocimum sanctum* leaf extract to silver nitrate solution results in colour change from transparent/light yellow to dark brown colour. This change is due to the excitation of surface plasmon resonance which indicates the production of silver nanoparticles [36]. Fourier transform infrared spectroscopy analysis of AgNPs confirmed the presence of carbonyl group of amino acid residues which act as a reducing and stabilizing agent due to their strong binding ability with metal [37,38]. Approximately 12 hours are usually required in plant mediated nano particle synthesis. *Ocimum sanctum* leaf extract could reduce silver ions into crystalline silver nanoparticles within 8 minutes due to the presence of potent antioxidants [38]. Shape, size and distribution of silver NPs can be controlled by adjusting reaction conditions like amount of plant extract, temperature, pH, reaction time, concentration of metal salts and by employing different synthetic methods [27,38]. Under transmission electron microscope, the average size of AgNPs synthesized with *Ocimum* have been found to be ranged between 4- 30 nm [26,38].

Electrochemical analysis showed higher affinity of silver to react with phosphorous and sulphur compounds [34]. The cell membrane and interior of bacteria contains many sulphur containing proteins and phosphorous containing DNA [39]. Once silver nanoparticles comes in contact with the bacterial cell membrane, it increases its permeability and damage DNA which affects the respiratory chain, cell division and release silver ions inside the bacteria to enhance their bactericidal effect and finally causes the death of the cell [34].

The gram negative microorganisms are found to be more susceptible to the antibacterial activity of silver nanoparticles than gram positive ones due to thin, less rigid and more porous cell wall [38,40]. Contrary to this finding, silver nano particle synthesized with *Ocimum sanctum* by sunlight induction revealed more pronounced activity on gram positive *Staphylococcus aureus*, *Staphylococcus epidermidis* and *Listeria monocytogenes* than on gram negative bacteria like *Salmonella typhimurium*, *Escherichia coli*, *Pseudomonas aeruginosa* and *Pantoea ananatis* [35]. The green synthesis of silver nanoparticle using *Ocimum* with methanol solvent gave high & similar antibacterial activity against both gram positive & gram negative bacteria [41]. Silver nanoparticle synthesized with *Ocimum tenuiflorum* showed maximum antibacterial activity against spore forming *B. subtilis* followed by gram positive *Corney bacterium* and gram negative *E. coli* respectively. This variation was attributed to the susceptibility of the organisms to variable synthetic methods [42].

Antimicrobial assay of silver nanoparticle on gram positive (*S. aureus*) and gram negative (*E. coli*) microorganism at different concentrations showed strong dose dependent activity [38]. Similarly even in our study, reduction in colony forming units of four gram negative test bacteria was observed on increase in the concentration of silver nano particle solution.

Silver nitrate showed better antibacterial activity than *Ocimum sanctum* extract, which is supported by a study where silver nitrate killed the bacteria efficiently from a range of 6×10^8 - 1.5×10^9 CFU to 0.5×10^2 - 1.5×10^3 . Though the leaf extract of *Ocimum sanctum* also could kill the bacteria but with lesser efficiency than the 10^{-3} M silver nitrate solution [35].

Silver nanoparticle synthesized with *Ocimum sanctum* had enhanced antibacterial activity than the silver nitrate and pure *Ocimum*

sanctum extract. In a study for both *E. coli* (Gram -ve) and *S. aureus* (Gram +ve), no zone of inhibition was observed by silver nitrate [43]. A small but noticeable zone of inhibition by *Ocimum* extract and a fairly significant antibacterial action was observed with AGNP's synthesized using *Ocimum* extract.

Hence, coupling of *Ocimum* extract with that of silver ions has proved to be beneficial to minimise the dose that needs to be administered for total microbial reduction.

Conclusion

MIC results of this study suggest that, all the test solutions were sensitive against test periodontopathogens at different concentrations. On comparison, silver nanoparticles synthesised with *Ocimum* extract has superior sensitivity against test microorganisms followed by *Ocimum sanctum* extract and silver nitrate solution respectively.

MBC results suggest that, all test solutions have bacteriostatic potential on the test microorganisms in a dose dependent manner. Except *Pg*, all the test micro-organisms (*Aa*, *Fn*, & *Pi*) were found to be susceptible to the bactericidal action at different concentrations of test solutions. The numbers of colony forming units per milli litre were found to be increased as the concentration of test solutions reduced due to serial dilution. Hence increase in the concentration of test solutions may enhance their bactericidal potential.

Though invitro values of MIC, MBC may not hold good for *in vivo* studies due to their inherent limitations, but they serve as a surrogate marker attempting to quantify the drug activity and to determine the clinical drug dosage.

In future, the preparation & clinical application of the silver nanoparticle synthesised with *Ocimum sanctum* as a controlled local drug delivery (LDD) system in adjunct with the standard care may be a new paradigm for the management of chronic periodontitis. This might help us to overcome the side effects of synthetic drug usage and the current challenge of drug resistance.

Acknowledgement

The authors are thankful to Staff of Department of Physics, Sri Venkateshwara University, Tirupathi, Andhra Pradesh, India, for preparation of silver nanoparticles.

Dr. Kishore Bhat, Professor and Head, Department of Microbiology, Director, Department of Molecular Biology and Immunology, Maratha Mandal's NGH Institute of Dental Sciences and Research Centre, Belgaum, Karnataka, India for the support provided in conducting microbiological assays.

Authors contribution

Sirisha P designed and performed the experiments, Gayathri GV analysed, interpreted the data and wrote the manuscript, Dhoom SM conceived and supervised the project, Amulya KS analysed and interpreted the data.

All the authors discussed the results and reviewed the manuscript.

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